

# HEALTH & SAFETY INFORMATION

## HEALTH AND SAFETY

Like many sports, golf can be a dangerous game and there are numerous associated hazards. Players are expected at all times to be aware of danger to both themselves and others. This guide aims to reduce the risks from these hazards by drawing your attention to the following simple control measures, which aim to promote a safety culture for the benefit of us all.

Players at The Millbrook have a personal responsibility to follow this common sense guidance.

## BALL STRIKES

Never play until those in front of you are out of range.

Always shout “FORE” to warn others of stray shots heading in their direction.

Always take evasive action on the shout of “FORE” by turning away from the direction of the shout and by covering your face and head with your arms

## BLIND SHOTS

Never play shots if you cannot be certain the intended landing area is clear of other golfers, green staff or members of the public. Utilise playing partners to ensure you are safe and the intended landing area is clear. Pedestrians on the PROWs have right of way over golfers on the course.

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### **FOG**

Where fog is present, visibility is dependent upon where you are on the course. ALL play will be suspended in serious fog conditions. Players MUST be able to see the 10<sup>th</sup> green and flag from the back tee and a clear outline of the trees at the rear of the 1<sup>st</sup> fairway before commencing play. It is Essential in poor visibility to be aware of other golfers, green staff and pedestrians on the PROWs.

### **GOLF COURSE TOPOGRAPHY (Uneven ground, Gradients, Up Slopes, Down Slopes, Ditches, Streams, Ponds, Bunkers, Steps, Pathways, Golf Course Furniture.)**

Be aware of these hazards in regards to slipping, tripping and falling. Always look for the safest routes when walking. Avoid walking up or down steep banks whenever possible.

Keep a safe distance from ditches, streams, ponds, deep bunkers and where ground levels fall away. Many hazards increase in regard to risk when wet, frozen or muddy.

Always wear the correct footwear and clothing and ensure they are in good condition and fit for purpose. If using golf shoes with moulded soles, metal, or soft spikes take extra care when wet and avoid slippery surfaces such as wooden steps and/or sleepers

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### **THUNDER AND LIGHTNING**

If there is the risk of thunder and lightning:

Do NOT use any shelters on the course.

Do NOT shelter under trees or on high ground.

Do NOT walk under trees when making your way off the course.

Do NOT use your mobile telephone.

Do NOT put up your umbrella under any circumstances.

### **EMERGENCIES**

The phone number of the Clubhouse is 01525 840252 opt.1 or 4

Please dial 01525 840252 if the defibrillator is required and/or send a playing partner to retrieve the defib and/or club staff.

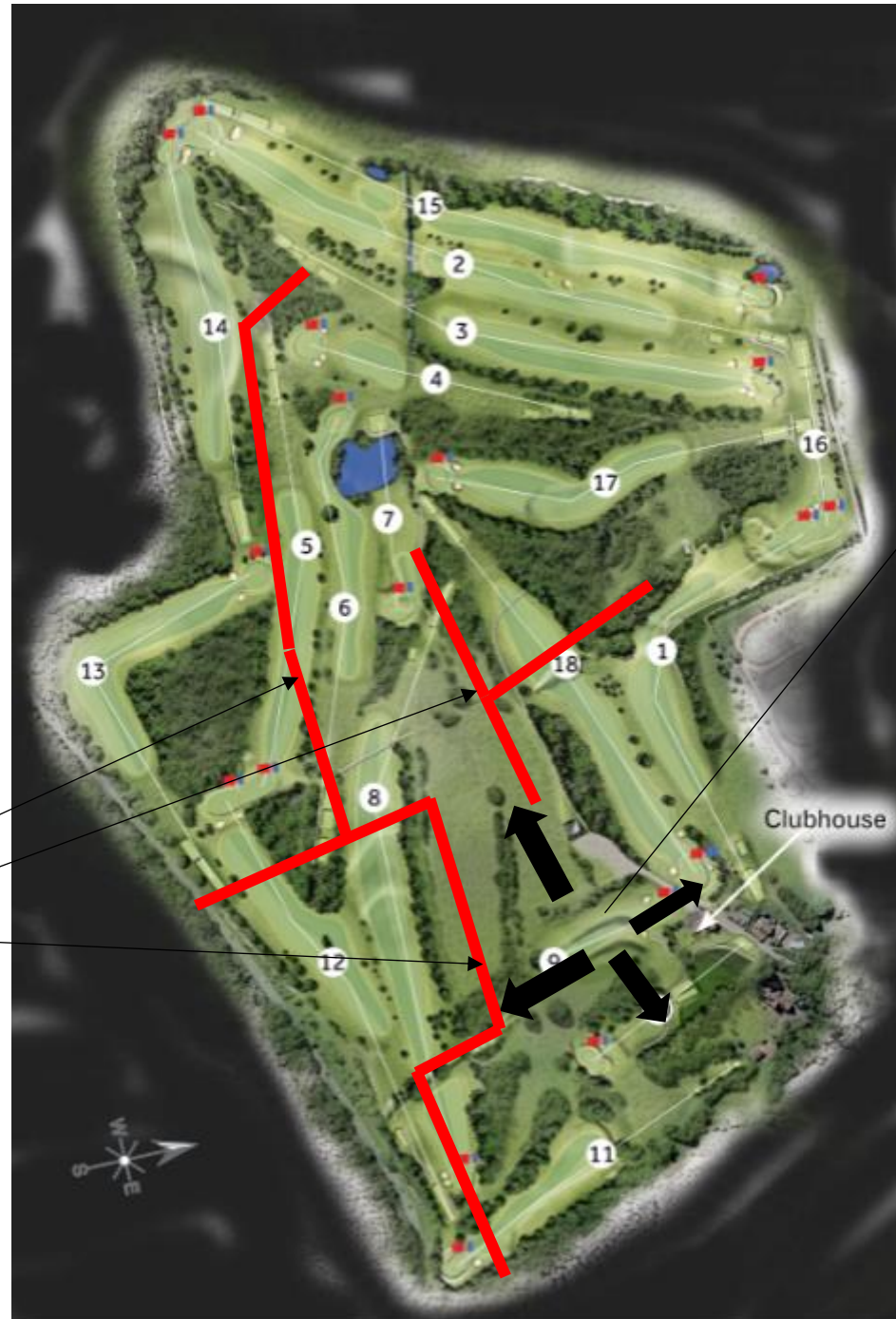
In the case of a medical emergency where an ambulance is required, always dial 999.

The postcode of the Club is MK452JB

### **ACCIDENTS AND INJURIES**

Must be reported to the Pro Shop (or, if closed, the bar) and the incident logged in the Accident Book

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**IN CASE OF SERIOUS INCIDENT,  
ALWAYS PHONE 999 FIRST.**

THEN CONTACT THE  
CLUBHOUSE

01525 840252 OPTON 1 OR 4

CLUB STAFF WILL BE ABLE TO  
ASSIST.

The Red Lines offer the best  
routes onto the course,  
following green keepers  
tracks.

Access to holes 2,3 and 15 is  
easiest via the fairway of  
holes 6 then 5 heading  
toward the 5<sup>th</sup> tee, a track  
then takes you onto hole 3  
and hole 2.

**DIAL 999** AND DIRECT  
EMERGENCY SERVICES INTO  
MAIN CAR PARK, ACCESS TO  
ALL AREAS OF COURSE FROM  
HERE.

BLACK ARROWS SHOW FOUR  
ACCESS POINTS, ALL OF  
WHICH EITHER FOLLOW  
TRACKS ACROSS THE COURSE  
OR PROVIDE ACCESS TO  
HOLES, CLEARLY NUMBERED  
AND MARKED ON THE MAP

THE CLUB HAS A DEFIBULATOR  
WHICH IS LOCATED INSIDE THE  
MAIN CLUBHOUSE, OUTSIDE THE  
CLUB OFFICE DOOR, IT IS BRIGHT  
ORANGE.

EMERGENCY SERVICES CALL  
HANDLER WILL TALK YOU THROUGH  
USING THE DEVICE, MACHINE ALSO  
PROMPTS THE USER.